



# RANDOLPH-MACON ACADEMY

To: R-MA Parents and Prospective Football Players  
From: Frank Sullivan, Head Football Coach and Athletic Director  
Subject: Pre-Season Football for Rising Eighth Through Twelfth Grade Students

Dear Parents:

Greetings from the R-MA football program! The season will begin with our camp on Monday, August 12, 2019 and will continue until school begins. Camp is run with the intention of getting our athletes physically prepared to play safely and to learn the fundamentals of R-MA football. All players will need to attend the entire session and will board during the entire camp. ***Failure to attend camp could result in your child not being able to participate in football this year.***

The cost of the camp is only \$400.00. This fee will defray the cost of food, housing, and supervision during the two weeks of camp. Also included in this fee is a spirit pack that includes T-shirts, shorts and other items. The \$400 fee will be charged to your student's debit account after registration day.

To enroll for camp, please return the bottom portion of the "football camp rules" letter to Coach Sullivan at [fsullivan@rma.edu](mailto:fsullivan@rma.edu) to confirm your child's attendance. You will also need to submit your 2019-20 enrollment contract and your 2019-20 deposit. **Please complete this process no later than Friday, July 26, 2019. No student will be allowed to participate in camp until this information is complete.**

**Registration will take place at 10:00 a.m. on Monday, August 13, 2019, in Stan Fulton Hall.** When the students register for football camp they are also registering for the regular academic term. Please complete all necessary admission paperwork prior to this date. All necessary medical forms must be uploaded to Magnus Health prior to arrival as well. Contact Amy Harriman at [amharriman@rma.edu](mailto:amharriman@rma.edu) or 540-636-5202 if you have any questions.

I hope that this package will provide you with all of the information you need to prepare for the upcoming football camp and the regular season. If you have any questions feel free to contact me.

Sincerely,

Frank J. Sullivan

Office (540) 631-3831  
Cell (813) 843-8295  
Email: [fsullivan@rma.edu](mailto:fsullivan@rma.edu)

## **R-MA FOOTBALL CHECKLIST**

- \_\_\_\_\_ Alarm clock
- \_\_\_\_\_ Linens
- \_\_\_\_\_ Soap
- \_\_\_\_\_ Towels
- \_\_\_\_\_ Sneakers
- \_\_\_\_\_ T-shirts & shorts
- \_\_\_\_\_ Underwear
- \_\_\_\_\_ Shaving kit
- \_\_\_\_\_ Black or white football cleats
- (If you choose to wear pink cleats in honor of Breast Cancer Awareness Month they will only be worn during our October games.)**
- \_\_\_\_\_ Any extra practice gear you may need  
(socks, jocks, brace, etc.)
- \_\_\_\_\_ Activity uniform  
(Khakis, belt, shoes, socks and R-MA polo)

\*\*\* You will need supplies for two weeks. The R-MA activity uniform will be worn for all meals. If you do not have any activity uniforms, they will be available at camp. All casual garments must meet R-MA specifications. ***Please keep in mind that the room that you have for football camp will not be your dorm room for the regular school year. Please do not bring all of your extra personal items for the school year with you to camp unless absolutely necessary.***

## **R-MA FOOTBALL CAMP RULES 2019**

1. Be on time to meetings, meals and practices.
2. Stay out of all unauthorized areas.
3. Keep all areas clean. Rooms will be inspected daily. All football equipment should remain in the locker room, unless you have permission from a coach to bring it in the dorm.
4. Do not leave campus for any reason unless you have permission from Coach Sullivan or Colonel Link. If you have permission to leave, you still must sign out and sign in at Student Services.
5. Remain in your assigned room unless you are specifically invited to another person's room.
6. Wear proper shoes at all times. No cleats in the buildings or locker room.
7. Be in proper dress at all times:
  - When off the hall you must be in activity uniform.
  - To and from practice you may wear R-MA athletic gear with shoes or sandals. (Sandals are not allowed in the dining hall.)
  - All meals are in activity uniform.
8. All car keys must be turned in to Student Services.
9. While other teams / groups are here, stay off of their halls unless given permission by the head coach of each team. You may socialize outside the locker room and in the cross-hall areas. The activity room will be shared. Remember any visitors on campus are considered our guests and will be shown proper hospitality.

***R-MA FOOTBALL CAMP REGISTRATION FORM 2019***

Student's Name: \_\_\_\_\_

My student will be attending the 2019-20 football camp. We understand the rules and expectations of R-MA's football camp, and that the \$400 football camp fee will be charged to the student's debit account upon registration.

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Parent Signature                      Date

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Student Signature                      Date